

Fall 2022

MCAT RESOURCE GUIDE

Major MCAT resource companies and what they offer

KAPLAN	PRINCETON	EXAMKRACKERS	ALTIUS	BLUEPRINT	JACK WESTIN
Live Online	In-person /	OnDemand	Mentoring	Online classes	MCAT CARS Strategy
each \$2,499 -	Önline	Course	Programs/	\$1,799 – 2,499	(Self-paced; 4-12 Wks)
2,999	from \$2,549	(12 Weeks)	Lecturing Programs		\$950
		each \$1,745	each \$2,499 - 6,999	Live Classes	·
Self-Pace	Self-Paced			\$2,499	MCAT Sciences
\$1,799 - 2,299	from \$1,499	Live Online Class			Strategy and Content
		\$1,895	Full Summer	Tutoring	(Self-paced; 3-6 Mon)
Tutoring	Winter		Immersion Program	\$3,200 for 16	\$950
\$3,699 – 6,899	Bootcamp	Forum	\$8,499 – 9,999	hrs	
	from \$2,549	Memberships		\$5,899 for 40 hrs.	Complete MCAT
Summer		\$19.99 – 29.99			(Self-paced; 3-9 Mon)
Intensive	515+			Full Length	\$1,450
\$6,999	Immersion	Exams / Books		MCAT	
	from \$6,699	from \$34.95		Exams	Other Resources
				\$99-399	(Qbank, Workshops,
	Private Tutor	Tutoring Sessions			Blogs and Podcasts,
	\$183/hr	\$300 - \$3,900		Qbank	Flashcards, etc.)
				\$249 - 399	FREE

^{*}There are others not listed here. We do not endorse any one of the companies. Be a diligent consumer.

HOW TO CHOOSE AN MCAT PREP COURSE

Ask yourself:

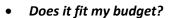
- Is the company MCAT-focused and not a general standardized test prep school?
- Is the course taught by subject experts?
 - ✓ Make sure to check qualifications of the instructors.
 - Check if instructors have/exhibit knowledge and experience in the medical fields.

Which course format best suits my needs?

- ✓ Look for a course that offers regular, classroom-style lecture sessions (whether in-person, online or self-paced).
- ✓ Make sure they give you clear guidance how to utilize the lecture sessions and other study tools. (Avoid schools that just sell study materials without guidance).
- ✓ Look for an MCAT prep course that includes review sessions of topics *frequently tested* on the exam.
- ✓ Make sure they have *various study options* based on individual learning style.

Does the course offer practice exams?

- ✓ The best way to utilize practice exams is generally to start by taking them under low-pressure conditions: open book, without a time limit. As test day gets closer, start taking practice exams under simulated test conditions (Not at home on your laptop; a public computer lab with ambient noise).
- ✓ Make sure the prep course offers you access to the official AAMC practice exams for the MCAT.
- ✓ Results on the official AAMC tests are the best predictor of what scores you can expect on the actual exam. Finding a company that provides AAMC tests with the course also saves students from buying them separately.



- ✓ Look for special discounts.
- ✓ A prep course that will actually improve your score can be seen as a worthy investment!
- ✓ Price of a program does not necessarily ensure quality. Be a smart consumer!

• Does it fit my timeline and test schedule?

- ✓ Make sure the length of prep course will fit to your MCAT prep schedule.
- ✓ The courses usually vary from 1 month to 12 months.